

At Bude Juniors Primary Academy, we want our pupils to be healthy, independent and responsible members of society. Our PSHE curriculum aims to equip pupils with the knowledge and skills they need to access the wider curriculum and prepare children to be a global citizen. As a result of Relationships, Sex and Health Education (RSHE), children learn how to be safe, explore the complexity of relationships and understand how to develop healthy relationships, both now and throughout in their future lives.



INTENT – what we aim to do

Children to know what constitutes as a healthy lifestyle and how to keep themselves safe.

Children develop a strong sense of self-worth and respect for others.

Children are able to set goals for now and in the future.

Children who understand what it means to be part of a diverse, multi-cultural society.

Children will recognise and develop healthy relationships, both online and face to face.

Children will understand the way their bodies will change through puberty.

Children will be able to reflect on their own behaviour and actions.

IMPLEMENTATION – how will we deliver our intent?

Planning / Sequencing - Our PSHE and RSE curriculum is implemented through a comprehensive scheme of work, provided by Coram Life Education; SCARF. Key themes are studied on a half-termly basis: Me and My Relationships, Valuing Difference, Keeping Myself Safe, Rights and Responsibilities, Being My Best and Growing and Changing. These units provide full coverage of the national curriculum for PSHE and also covers the statutory Relationships and Health Education outcomes. Throughout the year, we also deliver a wide range of activities based on the current world climate such as Black History month and Anti-Bullying week. Weekly lessons use a range of teaching and learning styles. There is an emphasis on active learning with children being engaged in discussions, investigations and problem-solving activities.

SMSC and British Values - Whole school assemblies make links to PSHE and SMSC. This supports children in recognising and applying the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Individual Liberty.

IMPACT - how will we know if we have achieved our intent?

Children become well-rounded individuals that are healthy, independent and responsible members of society.

Children will demonstrate a healthy outlook towards school which is reflected in attendance and behaviour.

Children feel safe in our school and know what to do if they ever feel unsafe or unsure.

The majority of children will achieve age related expectations across the curriculum.

Children show respect for themselves and others and are able to maintain healthy relationships.

The drivers of our PSHE and RSE Curriculum are aligned to the wider intent of the Curriculum Pillars.

