



BUDE PRIMARY ACADEMY—INFANTS WEEK 1

DAY	RED MEAL (MEAT OPTION)	BLUE MEAL (FISH OPTION)	GREEN MEAL (VEGETARIAN OPTION)	YELLOW (FURTHER ALTERNATIVE)
MONDAY		Salmon pasta bake	Cheese & tomato pizza	
TUESDAY	Roast gammon		Vegetarian toad in the hole	Jacket potato with optional baked beans
WEDNESDAY	Cottage pie	Fish fingers	Vegetarian cottage pie	
THURSDAY	Roast chicken		Vegetarian chilli	
FRIDAY	Sausage in a roll		Falafel balls with optional curry sauce	



BUDE PRIMARY ACADEMY—INFANTS WEEK 2

DAY	RED MEAL (MEAT OPTION)	BLUE MEAL (FISH OPTION)	GREEN MEAL (VEGETARIAN OPTION)	YELLOW (FURTHER ALTERNATIVE)
MONDAY		Oven baked battered fish	Cheese whirls	
TUESDAY	Roast beef	Jacket potato with optional tuna	Tomato pasta	
WEDNESDAY	Sausages		Vegetarian sausages	Vegetable Couscous
THURSDAY	Roast ham		Vegetarian spaghetti bolognaise	
FRIDAY	Chicken wrapped in bacon with optional bbq sauce		Macaroni cheese	



BUDE PRIMARY ACADEMY—INFANTS WEEK 3

DAY	RED MEAL (MEAT OPTION)	BLUE MEAL (FISH OPTION)	GREEN MEAL (VEGETARIAN OPTION)	YELLOW (FURTHER ALTERNATIVE)
MONDAY		Tuna pasta bake	Cheese & tomato pizza	
TUESDAY	Roast pork		Vegetable burrito	Jacket potato with optional cheese
WEDNESDAY	Spaghetti bolognaise		Vegetarian spaghetti bolognaise	Quiche
THURSDAY	Roast turkey		Quorn frankfurter & bean cobbler	
FRIDAY	'Big breakfast'		Poached fish	



BUDE PRIMARY ACADEMY—JUNIORS WEEK 1

DAY	RED MEAL (MEAT OPTION)	BLUE MEAL (FISH OPTION)	GREEN MEAL (VEGETARIAN OPTION)
MONDAY		Salmon fishcake	Cheese pizza
TUESDAY	'Build your own' burger		'Build your own' vegetarian burger
WEDNESDAY	Spaghetti bolognaise	Fish fingers	
THURSDAY	Roast chicken		Vegetarian chilli
FRIDAY	'Cowboy lunch' sausages		'Cowboy lunch' veggie sausages



BUDE PRIMARY ACADEMY—JUNIORS WEEK 2

DAY	RED MEAL (MEAT OPTION)	BLUE MEAL (FISH OPTION)	GREEN MEAL (VEGETARIAN OPTION)
MONDAY		Battered fish	Cheese calzones
TUESDAY	Chicken & vegetable pie		Vegetarian bake
WEDNESDAY	Cold meat platter		Vegetarian platter
THURSDAY	Roast gammon		Vegetarian cottage pie
FRIDAY	Baked sausages		Macaroni cheese



BUDE PRIMARY ACADEMY—JUNIORS WEEK 3

DAY	RED MEAL (MEAT OPTION)	BLUE MEAL (FISH OPTION)	GREEN MEAL (VEGETARIAN OPTION)
MONDAY		Tuna pasta bake	Cheese pizza
TUESDAY	Wrap your own wrap		Spicy bean bake
WEDNESDAY	Beef tacos		Cheese quiche
THURSDAY	Roast beef		Vegetarian meatballs
FRIDAY	Big breakfast		Vegetarian big breakfast